

# Youth & Family Meditation Camp 2019

Organized by  
Science of Spirituality & Hindu Temple Culture Center

Experience the  
**Art & Science of Meditation**  
IT'S VALUABLE. IT'S FUN. IT'S FREE!

**SATURDAY APRIL 20, 2019**

**9:30AM-4PM**

## One Day Meditation Camp

One Day Meditation Camp for Children and Families that includes age appropriate workshops and activities for children ( age 5 - 17) and adults. Children & Adults will learn meditation to develop inner strength, leadership skills and realize true spiritual potential in their lives, all in a fun-filled environment.



Please pre-register at  
[soskinfo@gmail.com](mailto:soskinfo@gmail.com) before April 5,  
2019.

Science of Spirituality is a worldwide spiritual organization dedicated to transforming lives through meditation, under the guidance of Sant Rajinder Singh Ji Maharaj. More info at [www.sos.org](http://www.sos.org)

**Hindu Temple Kansas City**

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